

ATM Class Listings (some listings up-to-date as of 2/27/07 others updated 6/17/2008, confirm class with instructor)

Richard Ehrman

1997

MA

Move To Improve

Cambridge, MA 02139

Phone: 617.256.4166/617.256.4166 Fax: 617.747.2923 Email: rehrman@berklee.edu

Performing Artists; Seniors

Monday: Congregation Eitz Chayim

136 Magazine St. Cambridge, MA

Evening Classes begin in the fall, call for details: 617-256-4166

Tuesday: 4:00 & 5:00 p.m., Berklee College of Music

1140 Boylston St., Boston, MA

617-747-2390 Please call for more info.

Wednesday: 4:00 p.m., Berklee College of Music

1140 Boylston St., Boston, MA

617-747-2390 Please call for more info.

Thursday: 1:00 & 4:00p.m., Berklee College of Music

1140 Boylston St., Boston, MA

617-747-2390 Please call for more info.

Friday: 9:30 a.m., Cambridge Senior Center

806 Mass Ave. 617-349-6060

ATM Class Listings (some listings up-to-date as of 2/27/07 others updated 6/17/2008, confirm class with instructor)

Deborah Elizabeth Lotus

1982

MA

Guild Certified FELDENKRAIS® Teacher; Certified Bones for Life® Teacher/Trainer

Cambridge, MA 02138

Phone: 617.661.1585/617.661.1585 Fax: Email: kinaesthetic@verizon.net

FUNCTIONAL INTEGRATION®; AWARENESS THROUGH MOVEMENT®; Bones for Life® Training.

Cambridge, Arlington, Concord, Back Bay Boston, World-Traveling BFL®Trainer.

Tuesday: Boston; 9:00 am--9:00pm; "Affinity" ATM & Bones' classes at "Repose", 262 Beacon Street; up to four participants; Family, couples, study groups, string quartets, bridge clubs; 9:00am-9:00.m, by arrangement; phone or Email above.

Wednesday: Arlington; 10:00 am.--5:00pm; Individual ATM/BFL, Arlington Center, 369 Mass. Ave; by arrangement: phone or Email above.

Thursday: Cambridge; 3:00-4:30 p.m; On-going BFL class, Cambridge Center for Adult Education, 357 Huron Ave; 617-547-6789; www.CCAE.org

Arlington; 7:45--9:15 pm; On-going BFL class, Arlington Center, 369 Mass. Ave.781-316-0282; www.ArlingtonCenter.org

Friday: Arlington; 10:00 am.--5:00pm; Individual ATM/BFL , Arlington Center, 369 Mass. Ave; by arrangement; phone or Email above.

Saturday:

Sunday: Saturday & Sunday. Cambridge, Arlington; Week-end workshops for Repetitive Strain Injury prevention; Osteoporosis prevention; other themes and subjects; call or Email above.

Every Semester Cambridge Center for Adult Education 3 hour ATM(R) Workshop:"Stop RSI Before it stops you!
the light at the end of the carpal tunnel." 1:15--4:15 617-661-1585

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Deborah Elizabeth Lotus

1982

MA

Wright Tavern Center for Spiritual Renewal

Concord, MA 01742

Phone: 617.661.1585/ Fax: Email: kinaesthetic@verizon.net

www.wrighttavern.org

Bones for Life(R) Mondays: Private one-on-one and group classes. FI and Bones for Life(R), 617.661.1585.

Monday: ATM: 10:00-11:30 am,"Bones in the Chapel" 1:15:2:45 pm, First Parish Church, 20 Lexington St., Concord
\$16.00 617-661-1585

Josh Schreiber Shalem

2001

MA

Medford, MA 02155

Phone: /781.640.8794 Fax: Email: josch@rcn.com

www.discover-yourself.com

Musicians and performing artists. Repetitive strain. Personal growth.

Monday: 12 Noon at the Arlington Center, 369 Mass Ave., Arlington, MA. On-going, \$16 drop-in, \$13 with series

Wednesday: 7:45 pm at the Arlington Center, 369 Mass Ave., Arlington, MA. On-going, \$16 drop-in, \$13 with series.

Sunday: Monthly workshops (details on website)

5:30 pm Sounder Sleep(tm) class,

both at the Arlington Center, 369 Mass Ave., Arlington, MA. On-going, \$16 drop-in, \$13 with series

Lauri Weinstein, OTR/L

2001

MA

Revival Movements

Stoneham, MA 02180

Phone: 617.875.6041/781.438.0989 Fax: Email: laurual@msn.com

Children and adults. Occupational therapy and special education.

Monday: By appt. please call Lauri to schedule. 617-875-6041

Tuesday: By appt. please call Lauri to schedule. 617-875-6041

Wednesday: