

# ATM Class Listings (some listings up-to-date as of 2/27/07 others updated 6/23/2008, confirm class with instructor)

## **Darrell Bluhm**

1996

OR

Siskiyou Aikikai

Ashland, OR 97520

Phone: 541.482.5435/ Fax: Email: siskiyou@birankai.org

Aikido, Tai Chi Chuan

**Friday:** weekly ATM lesson on Fridays at 10 am

## **Anita Elsey**

1996

OR

Danita, Inc.

Bend, OR 97701

Phone: 541.408.3731/541.389.9102 Fax: 541.318.8768 Email: Danitainc@coinet.com

Craniosacral, Visceral, chronic pain

**Thursday:** 10:30 am

29 NW Greeley Ave. Bend, OR 97701

\$10.00. Please call for changes or to reserve a space.

541-408-3731

## **Gayle Corlett**

2003

OR

Cottage Grove, OR 97424

Phone: /541.942.4646 Fax: Email: gcorlett2000@yahoo.com

on-going classes

**Tuesday:** On-Going 7:00 - 8:00 pm

Cottage Grove Community Center

Cottage Grove, OR 97424

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## Deborah Vukson

1987

OR

Mindful Moves, Inc.

Dexter, OR 97431

Phone: 541.937.1394/ Fax: Email: [dvukson@epud.net](mailto:dvukson@epud.net)

Practice in Eugene and Dexter

**Tuesday:** 9-10:30AM in Dexter

On-going

Call to reserve a space.

## Mary McLeod Carter

2003

OR

Eugene, OR 97402

Phone: 541.687.2064/ Fax: Email: [mmcleodc@comcast.net](mailto:mmcleodc@comcast.net)

**Monday:** 5:30- 6:30

Tamarack Wellness Center

Lily Rm

3575 Donald St.

Eugene, OR

## Linda Christy

2005

OR

Eugene, OR 97405

Phone: 541.686.6950/541.683.1797 Fax: Email: [LChristy@peacehealth.org](mailto:LChristy@peacehealth.org)

**Thursday:** On-going, evening classes.

# ATM Class Listings (some listings up-to-date as of 2/27/07 others updated 6/23/2008, confirm class with instructor)

**Joyce Gudger**

1996

OR

Eugene, OR 97405

Phone: 541.344.7222/ Fax: Email: jcornelia@rio.com

**Monday:** 10:30 - 11:30 AM ongoing  
Where: The Spirit Moves 1840 Willamette  
Bring: A mat or blanket  
Cost: 6 lessons for \$48 or \$10 drop-in  
Call Joyce Gudger 344-7222 to confirm

**Katie Hynes-Petty, M.S.**

1999

OR

Eugene, OR 97405

Phone: /541.344.4041 Fax: Email: hynespetty@comcast.net

Seniors, athletes, musicians, and children with special needs. Ongoing classes.

**Monday:** on-going 5:30-6:30 pm at 200 N. Monroe,  
Tower room at the 4J Education Center.  
Call 344-4041 to register.

**Thursday:** on-going 2-3 pm at OASIS at Meier &  
Frank, 50 & over, senior prices. Call  
344-4041 for more info.

**Georgie Olsgard, OTR**

1996

OR

Eugene, OR 97405

Phone: /541.683.7054 Fax: Email: Georgie @ efn.org

Home Health OTR/L

**Wednesday:** 6:30 pm, call first  
no summer class

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**Linda Tittle**

1996

OR

Klamath Falls, OR 97601

Phone: 541.331.1517/541.882.1550 Fax: Email: lindatittle@gmail.com

**Monday:** At Lotus Center for Yoga, 5 PM  
Ongoing but call for last minute changes:  
\$10

**Saturday:** Dates vary, call for current dates: cost varies: \$25-\$50 for 3-4 hours.

**Christi Herber, OTR**

2000

OR

North Bend, OR 97459

Phone: 541.266.4009/541.751.0323 Fax: Email: ChristiHerber@yahoo.com

**Monday:** On-going weekly ATM 4:30-5:30 pm  
South Coast ESD Conference Center  
1350 Teakwood Avenue  
Coos Bay Cost: \$5.00 per class

**Kim Cottrell, MS**

1996

OR

Portland, OR 97212

Phone: 503.890.6865/503.890.6865 Fax: Email: kim@kimcottrell.com  
www.kimcottrell.com

**Friday:** mornings, 10:30am  
Alameda Fitness Center  
\$60/6 classes, \$15 drop-in

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**Allegra Heidelinde**

2004

OR

Portland, OR 97201

Phone: 503.380.6024/ Fax: Email: [starsomatics@gmail.com](mailto:starsomatics@gmail.com)

Home lessons. Yogis, Performing Artists, and all who want to experience more of themselves more of the time.

**Monday:** 9:30-10:30am weekly. Call 503.380.6024 for location and to reserve a space.

**Ruth Hurst, PT, GCFP**

1992

OR

Portland, OR 97221

Phone: 971.570.5144 /503.246.8935 Fax: 503.246.8935 Email: [fsecretary@comcast.net](mailto:fsecretary@comcast.net)

chronic pain; pediatrics; home visits; education; music

**Wednesday:** 8:10 PM Ongoing at the Multnomah Art Center off Capitol Hwy in SW Portland. Drop in welcome. Current cost is \$7 / lesson or 4 for \$25.

Wear comfortable clothing and bring something to lie on if you don't want to be on carpet that has been walked on but clean.

**Rosanna Mattingly, Ph.D.**

2005

OR

Meta Writing and Education Services, LLC

Portland, OR 97242

Phone: /503.772.3486 Fax: Email: [metawe@comcast.net](mailto:metawe@comcast.net)

Will do home visits.

**Tuesday:** Evenings at HealthQuest (on 39th just North of intersection with Hawthorne), call for time.

Please contact Rosanna for information and to reserve a space.

**Thursday:**

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**Johanna Rayman**

2007

OR

Portland, OR 97211

Phone: 503.380.5437/ Fax: Email: johanna@johannarayman.com

<http://www.johannarayman.com/>

**Thursday:** May 22 to June 12, 6:00 to 7:00pm, 4-part ATM series on Biking at Matt Dishman Community Center.

**Israel SostrinPT, CMT, GCFP**

2003

OR

Wholeness in Motion

Portland, OR 97214

Phone: 503.231.3633/ Fax: 503.231.6605 Email: i.sostrin@comcast.net

[www.wholenessinmotion.com](http://www.wholenessinmotion.com)

**Monday:**

**Wednesday:** Wedensdays 6:30-7:30 pm

NE PDX--3185 NE Regents (in the SUBUD House--a great ambiance!)

Ongoing classes organized in 6-week series.

\$12/drop in OR \$60/full series

503.231.3633 to register or inquire